



3500 Faulkner Drive
Lincoln, NE 68516
(402) 420-9355

Important Numbers

Main Office: (402) 420-9355

Dining: (402) 328-2230

Spa: (402) 328-2204

Wood Shop: (402) 328-2207

Pinnacle Bank: (402) 328-2227

Williams Cleaners: (402) 464-7447

Hy-Vee: (402) 421-2462

Ironing (Lori) (402) 437-8311

Club Landing Spa

Joyce O'Neel 328-2204
Hair Stylist

Rhiannon Dillingham
Nail Technician 328-2204

Renee Tritle 730-9303
Massage Therapist

Club Landing Salon
328-2204

WELLNESS CENTER HOURS

Monday through Friday
7:00 am — 7:30 pm

Saturday
7:00 am — 11:30 am

*Closed on Sundays, Holidays
& Election Days*

CLUB LANDING CLASS SCHEDULE

<u>Pool</u>		<u>Aerobics Room</u>	
Arthritis		Low Impact	
Monday, Friday	9:00 & 10:00	Tuesday & Thursday	10:00 AM
Wednesday	9:00AM	Jazzercise Lite	
		Monday & Thursday	6:30PM
		Wednesday	12:30 PM
Senior Splash		Body Toning/Abs	
Monday, Tuesday, Thursday & Friday	2:00 PM	Wednesdays	4:45PM
Aquacize/Aqua Aerobics		Saturdays	10:00AM
Tuesday	5:45PM		
Thursday	5:45 PM		
Saturday	8:15 AM		







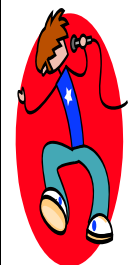
The Landing at Williamsburg Village

402-420-9355

March Calendar of Events



March 2010 Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Classes for the wellness center are listed on the back side of this calendar</p> <p>Please check the bulletin board in the emporium for sign up sheets for outing with the bus and other announcements</p>	<p>1</p> <p>9:00 Morning Stretch 9:20 Devotions 9:30 Linus Blanket Project 10:00 Bunco 10:00 Sing Along With John Goering-AL 1st Floor 2:00 1,000 Linus Blankets Celebration</p> 	<p>2</p> <p>8:00 Men's Breakfast 9:00 Morning Stretch 9:20 Devotions 10:00 Pitch 10:00 Wii Game 1:00 Checkers 1:00 Melodrama Rehearsal 7:00 Bd. Games-Kappa Delta</p>	<p>3</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Bible Study 10:00 Coffee Club-Emporium 11:10 Sit N Fit 12:45 Joyful Bells 1:00 Alaskan Cruise Mtg. -Omaha 1:30 Glorify! No Bingo 7:00 Bridge</p>	<p>4</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Knit Together 10:00 AL Card Group 10:00 Spring Creek Prairie Talk 1:00 Shopping-Walgreen's 1:00 RAC 1:00 Melodrama Rehearsal</p>	<p>5</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Writing Group 10:30 Catholic Communion 1:00 Polish On The Go 4:00 AL Social Hour 4:00 Social Hour</p>	<p>6</p> <p>9:00 Morning Stretch 10:00 Wii Bowling 7:00 Movie</p>
<p>7</p> <p>10:15 Worship 10:30 Catholic Communion 11:00-1:00 Brunch 7:00 Movie 7:00 Pitch</p>	<p>8</p> <p>9:00 Morning Stretch 9:20 Devotions 9:30 Linus Blanket Project 10:00 Bunch 11:00 Lunch Bunch Red Robin 7:00 Resident Talent Show</p>	<p>9</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Pitch & AL Pitch 10:00 Wii Game 1:00 Checkers 1:00 Melodrama Rehearsal</p>	<p>10</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Bible Study 10:00 Coffee Club-Emporium 11:10 Sit N Fit 2:00 Celebration of Life Serv. No Bingo 7:00 Bridge</p>	<p>11</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Knit Together 10:00 AL-Card Games 11:00 Bible Time 11:00 Resident Acty Comm. 12:30 Melodrama Rehearsal 1:00 Shopping-Gateway 2:00 Resident Quarterly Mtg.</p>	<p>12</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Writing Group 10:00 Pitch 1:00 AL Polish On The Go 4:00 Social Hour Music by Chris Sayre</p>	<p>13</p> <p>9:00 Morning Stretch 10:00 Wii Bowling 7:00 Movie 6:45 Lincoln Symphony Kimball Hall</p>
<p>14</p> <p>10:15 Worship 10:30 Catholic Communion 11:00-1:00 Brunch 2:00 Melodrama Rehearsal 7:00 Movie & Pitch Daylight Saving Time Begins</p>	<p>15</p> <p>9:00 Foot Dr. 9:00 Morning Stretch 9:20 Devotions 9:30 Linus Blanket Project 10:00 Bunco 9:00-1:00 AARP Driver Safety</p>	<p>16</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Pitch 10:00 Wii Game 1:00 Checkers 1:00 Melodrama Rehearsal 5:00 Bus to Sheridan Luth. Waffleman</p>	<p>17</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Bible Study 10:00 Coffee Club-Emporium 11:10 Sit N Fit 2:00 Johnny Ray Gomez 7:00 Bridge</p> 	<p>18</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Knit Together 1:00 Shopping-Shopko 1:00 Dining Committee 7:00 Melodrama Dress Rehearsal</p>	<p>19</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Pitch 10:00 Writing Group 1:00 AL-Polish On The Go 4:00 Social Hour 7:00 Melodrama</p>	<p>20</p> <p>9:00 Morning Stretch 10:00 Wii Bowling 7:00 Movie 7:00 Melodrama</p>  <p>Spring Begins!</p>
<p>21</p> <p>10:15 Worship 10:30 Catholic Communion 11:00-1:00 Brunch 7:00 Movie & Pitch 7:00 Melodrama</p>	<p>22</p> <p>9:00 Morning Stretch 9:20 Devotions 9:30 Linus Blanket Project 10:00 Bunco 7:00 Poker Night-Card Room</p>	<p>23</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Pitch 1:00 Checkers 5:00 Melodrama Cast Party Raleigh Club</p>	<p>24</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Bible Study 10:00 Coffee Club-Emporium 11:10 Sit N Fit 2:00 Bingo 7:00 Bridge</p>	<p>25</p> <p>9:00 Morning Stretch 9:20 Devotions 9:30 Ageless Attitude-Ed.Rm Living Your Life 10:00 Knit Together 1:00 Shopping-Hobby Lobby 7:00 Around The World Travels -Bailey UNL Student</p>	<p>26</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Pitch 10:00 Writing Group 11:30-1:00 Pizza Emporium 1:00 AL Polish On The Go 4:00 Social Hour</p>	<p>27</p> <p>9:00 Morning Stretch 10:00 Wii Bowling 7:00 Movie</p>
<p>28</p> <p>10:15 Worship 10:30 Catholic Communion 11:00-1:00 Brunch 5:00 Bus to Lee's Chicken 7:00 Movie 7:00 Dance Club</p>	<p>29</p> <p>9:00 Morning Stretch 9:20 Devotions 9:30 Linus Blanket Project 10:00 Bunco 2:00 AL Birthday Party 7:00 African Violet Society Presentation-BJ Ohme</p> 	<p>30</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Pitch 11:00 Library Mtg 1:00 Book Club 7:00 Chamber Music-UNL</p>	<p>31</p> <p>9:00 Morning Stretch 9:20 Devotions 10:00 Chapel Chat-Pr. Renae 10:00 Emporium Coffee Club 11:10 Sit N Fit 2:00 Bingo 7:00 Bridge</p>	<p>Melodrama Showtime On The Showboat Fri. Mar. 19 Sat. Mar. 20 Sun. Mar. 21 7:00—Tickets \$3.00 See Kay for tickets</p>	 <p>Resident Talent Show Mon. Mar. 8 7:00pm</p>	<p>Book Club March A Killer Stitch By Maggie Sefton</p> <p>April Cotton By Christopher Wilson</p>