

“Make the Rest of Your Life the Best of Your Life”

March 2010 Calendar of Events.

IMPORTANT NUMBERS

Main Office (402) 614-1900
Office Fax (402) 614-1812
Maintenance and Lock Outs
(After Hours) (402) 614-5505
Pastoral Care (402) 829-6912
Medical Emergency
Phone 911

BEAUTY SHOP

829-6913

Jackie Mach
Monday, Tuesday & Friday
676-4337

Brenda Kroupa
Thursday
960-4207

WELLNESS CENTER

829-6907

Monday through Friday
6:30 am to 3:00 pm
Saturday
8:00 am to 11:30 am

COURTYARD HOURS

8:00 am - 4:30 pm

(Closed for lunch 12:00 - 12:30 pm)

If no Staff is on site
during business hours and
you need assistance,
you may phone 614-5500.

COURTYARD STAFF HOURS

Valorie Zentner, Independent Living Manager
Monday - Friday 8:00 am - 4:30 pm

Nicole Wellensiek, Services Coordinator
Monday - Friday 8:00 am - 4:30 pm

Ellen Smith, Receptionist/Compliance Assistant
Monday 12:30 - 4:30 pm
Tuesday - Friday, 8:00 am - 2:00 pm

John Draper, Maintenance Assistant
8:30 am - 12:30 pm On Site
On Campus until 5:00 pm

Traci Schaecher, Housekeeper
8:00 am - 12:00 pm On Site
On Campus until 4:30 pm



Trinity Courtyard
An Immanuel Senior Living Community

620 W. Lincoln Street
Papillion, NE 68046
Phone 614-1900 FAX 614-1812

“May your heart be warm and happy with the lilt of Irish laughter every day in every way and forever and ever after.” ~ Unknown
These photos are fond reminders of good times shared in 2008.
What fun memories are in store for us in 2010?

March 2010

Sun Mon Tue Wed Thu Fri Sat

*AR - Village Activity Room
CC - Classroom C, FLC
CD - Classroom D, FLC
FLC - Family Life Center
GR - Courtyard Great Room
CR - Conference Room*

7
9:00 am - Catholic
Communion - AR
9:00 & 11:15 am - Lutheran
Church Services, FLC




8
9:00 am - Aerobics - CC
9:00 am - Rise & Shine - CD
1:00 pm- Exercise with Valerie-GR
**2:00 pm - Senior Safety Program
presented by the Papillion
Police Department**
6:00 pm - Bingo - GR

9
10:00 am - Exercise 4 Life - CC
11:00 am - Courtyard
Bible Study - CR
11:30 am - Lunch Box, Village
1:00 pm - Matter of Balance-CC
1:00 pm - Podiatrist, Village
6:30 pm - Game Night - GR

10
9:00 am - Aerobics - CC
9:00 am - Rise & Shine - CD
9-11 am - American National Bank
10:00 am - Wii Wednesday
10:30 am - Bible Study - CD
1:00 pm - Exercise w. Valerie-GR
1:00 pm - Tai Chi - CC
2:00 pm - Crafts - GR
7:00 pm - Pinochle or SkipBo - GR

11
10:00 am - Shopping, Aldi's
10:00 am - Exercise 4 Life - CC
**12:15 pm - Open Door Mission
Helping Hands**
1:00 pm - Matter of Balance - CC
1:00 pm - Movie & Popcorn - GR

12
9:00 am - Rise & Shine - CD
11:00 am - Rosary - AR
12:15 - 12:45 pm -
Move to Improve - GR
**2:00 pm - Monthly Birthday
Party**
6:30 pm - Game Night - GR



13
7:00 am - Men's Early
Word Bible Study - FLC
2:00 pm - Crafts

14
9:00 am - Catholic
Communion - AR
9:00 & 11:15 am - Lutheran
Church Services, FLC
Daylight Savings Time Begins

15
9:00 am - Aerobics - CC
9:00 am - Rise & Shine - CD
**11:00 am - Red Hats,
Midtown Cinema & Lunch**
1:00 pm- Exercise with Valerie-GR
**2:00 pm - Brain Games
with Valorie**
6:00 pm - Bingo - GR

16
10:00 am - Exercise 4 Life - CC
11:00 am - Courtyard
Bible Study - CR
11:30 am - Lunch Box, Village
1:00 pm - Matter of Balance-CC
6:30 pm - Game Night - GR


17
9:00 am - Aerobics - CC
9:00 am - Rise & Shine - CD
10:00 am - Wii Wednesday
10:30 am - Bible Study - CD
12:00 pm - Monthly Potluck, GR
1:00 pm - Tai Chi - CC
2:00 pm - Crafts - GR
ST PATRICK'S DAY 

18
10:00 am - Shopping, No-Frills
10:00 am - Exercise 4 Life - CC
1:00 pm - Matter of Balance - CC
1:00 pm - Movie & Popcorn - GR


19
9:00 am - Rise & Shine - CD
11:00 am - Rosary - AR
12:15 - 12:45 pm -
Move to Improve - GR
**1:00 - 3:00 pm - Carriage Hill
School Volunteers**
6:30 pm - Game Night - GR

20
7:00 am - Men's Early
Word Bible Study - FLC
2:00 pm - Crafts

21
9:00 am - Catholic
Communion - AR
9:00 & 11:15 am - Lutheran
Church Services, FLC



22
9:00 am - Aerobics - CC
9:00 am - Rise & Shine - CD
1:00 pm- Exercise with Valerie-GR
6:00 pm - Bingo - GR



23
10:00 am - Exercise 4 Life - CC
11:00 am - Courtyard
Bible Study - CR
11:30 am - Lunch Box, Village
1:00 pm - Matter of Balance-CC
6:30 pm - Game Night - GR

24
9:00 am - Aerobics - CC
9:00 am - Rise & Shine - CD
9-11 am - American National Bank
10:00 am - Wii Wednesday
10:30 am - Bible Study - CD
1:00 pm - Exercise w. Valerie-GR
1:00 pm - Tai Chi - CC
2:00 pm - Crafts - GR
7:00 pm - Pinochle or SkipBo - GR

25
10:00 am - Shopping, Wal-Mart
10:00 am - Exercise 4 Life - CC
1:00 pm - Matter of Balance - CC
1:00 pm - Movie & Popcorn - GR
**3:00 pm - Courtyard
Reflections - GR**

26
9:00 am - Rise & Shine - CD
11:00 am - Rosary - AR
12:15 - 12:45 pm -
Move to Improve - GR
6:30 pm - Game Night - GR

27
7:00 am - Men's Early
Word Bible Study - FLC
**2:00 pm - Helping Hands
Wrap Plastic Ware - CR**
2:00 pm - Crafts - GR

28 PALM SUNDAY 
9:00 am - Catholic
Communion-AR
9:00 & 11:15 am - Lutheran
Church Services, FLC
1:00 - 3:30 pm - Great Room
Reserved


29
9:00 am - Aerobics - CC
9:00 am - Rise & Shine - CD
1:00 pm- Exercise with Valerie-GR
6:00 pm - Bingo - GR

30 10:00 am - Exercise 4 Life
11:00 am - Courtyard
Bible Study - CR
11:30 am - Lunch Box, Village
**12:00 pm - Out to Lunch
Bunch, La Mesa**
1:00 pm - Matter of Balance -CC
6:30 pm - Game Night - GR

31 9:00 am - Aerobics - CC
9:00 am - Rise & Shine - CD
10:00 am - Wii Wednesday
10:30 am - Bible Study - CD
1:00 pm - Exercise w. Valerie-GR
1:00 pm - Tai Chi - CC
2:00 pm - Crafts - GR
7:00 pm - Pinochle or SkipBo - GR



**HAPPY
BIRTHDAY!**
4th - Regina Gray, E201
6th - Scott Starr, C205
25th - Millie Neesman, W104



*Green indicates
"You must sign up
in advance"*