



Make the Rest of Your Life, the Best of Your Life!

New Entertainment:
Patrice and Friends!
African Drummers



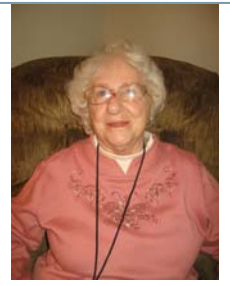
Friday March 12
2:00 pm
II Community Room

St. Patrick's Party on March 15th with
Merrymaker Michael Lyons!

MARCH Upcoming Outings

- March 26 Men's Outing for Lunch**
- March 31 Outing to Great Escape Movies (\$3.75 for a movie).**

Welcome to our new Residents



Kathryn-Starmer



Thomas Verkler

Pastor Marge's Message

Do you have cabin fever? If you do, you're not alone. A lot of us are ready for winter to be over. We're looking for green grass, blue skies, yellow daffodils and all colors of tulips! Spring is just around the corner!!

We really can depend on the seasons—they come and go with great regularity. God is also constant—ever with us, ever faithful in His love for us. Since we are in the season of Lent we can think of how to honor Christ's sacrifice with our faithfulness by either giving up something that is meaningful to us or adding a new, positive habit that is helpful to us and to others. We can ponder the gift of suffering that Christ gave us and think of how we can give back in gratitude.



As we look forward to the celebration of Easter and the risen Christ let us give thanks and praise; God blesses our days.

Love and hugs,
Pastor Marge

THE COURTYARD BUZZ



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The Optimist Creed

Promise Yourself






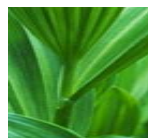

- To be so strong that nothing can disturb your peace of mind.**
- To talk health, happiness, and prosperity to every person you meet.**
- To make all your friends feel that there is something worthwhile in them.**
- To look at the sunny side of everything and make your optimism come true.**
- To think only of the best, to work only for the best and to expect only the best.**
- To be just as enthusiastic about the success of others as you are about your own.**
- To forget the mistakes of the past and press on to the greater achievements of the future.**
- To wear a cheerful expression at all times and give a smile to every living creature you meet.**
- To give so much time to improving yourself that you have no time to criticize others.**
- To be too large for worry, too noble for anger, too strong for fear, and too happy to permit the presence of trouble.**
- To think well of yourself and to proclaim this fact to the world, not in loud word, but in great deeds.**
- To live in the faith that the whole world is on your side, so long as you are true to the best that is in you.**

Written by Christian D. Larson in 1912.
Adopted as Optimist International's creed in 1922

March 2010



March 2010

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March Birthdays Virginia Lanphier 3/08 Wanda Kehres 3/11 Bernice Pigsley 3/12 Judy Young 3/16 Rose Stephens 3/17 Marge Seyfarth 3/22	1 10:00 Peaceful Moments 2:15 St Patrick's Craft* 6:00 Resident Led Bingo	2 10:15 Exercise for Life 11:00 Devotions 1:30 UNMC Medical Students Blood Pressure 2:15 Bingo 6:00 Bunco	3 8:30 Catholic Communion 9:30 Wal-Mart Trip* 2:00 Lenten Services Fogelstrom Chapel 6:00 Countdown	4 10:15 Exercise for Life 11:00 Bible Study 2:15 March Birthday Party Wayne Miller 6:00 Bunco	5 10:15 Spelling Bee 2:00 Movie "Young At Heart"	6 10:00 Countdown 2:00 Saturday Matinee 6:00 Lawrence Welk Chan. 12 PBS
7 10:00 Sunday Worship Fogelstrom Chapel 11:30 Catholic Mass 2:00 Countdown	8 10:15 Manicures 2:15 Indoor Games with Chad	9 10:15 Exercise for Life 11:00 Devotions 2:15 Bingo 6:00 Bunco	10 8:30 Catholic Communion 9:00-2:00 Scooter-Clinic* 2:00 Lenten Services Fogelstrom Chapel 6:00 Countdown 	11 10:15 Exercise for Life 11:00 Bible Study 2:15 Story Circle 3:15 Activity Committee Meeting 6:00 Bunco	12 10:15 Roll It Tic Tac Toe 2:00 Patrice & Friends African Drummers IL Com. Room 	13 10:00 Pet Therapy  11:00 Countdown 2:00 Saturday Matinee 6:00 Lawrence Welk Chan. 12 PBS
14 10:00 Sunday Worship Fogelstrom Chapel 11:30 Catholic Mass 2:00 Countdown Day Light Savings Time begins	15 10:15 Crossword Puzzles 2:15 St Patrick's Party Michael Lyons Merrymaker 6:00 Resident Led Bingo	16 10:15 Exercise for Life 11:00 Communion Service 2:15 Bingo 6:00 Bunco 	17 8:30 Catholic Communion 9:30 Wal-Mart Trip* 2:00 Lenten Services Fogelstrom Chapel 6:00 Countdown Saint Patrick's Day	18 10:15 Exercise for Life 11:00 Bible Study 2:15 Roundtable Meeting 6:00 Bunco	19 10:15 Cards and Games 1:30 Red Hat Ladies & Joyful Bells- Gretna Com. Life Center*	20 10:00 Countdown 2:00 Saturday Matinee 6:00 Lawrence Welk Chan. 12 PBS Spring Begins 
21 10:00 Sunday Worship Fogelstrom Chapel 11:30 Catholic Mass 2:00 Countdown	22 10:15 Everyday Life Trivia 2:15 Wheel of Fortune	23 10:15 Exercise for Life 11:00 Devotions 2:15 Bingo 6:00 Bunco	24 8:30 Catholic Communion 10:15 Manicures 2:00 Lenten Services Fogelstrom Chapel 6:00 Countdown	25 10:15 Exercise for Life 11:00 Bible Study 2:15 Story Circle 6:00 Bunco	26 10:15 4 Suite Card Bingo 11:15 <u>Men's Outing: Luncheon at Village Inn *</u> 1:30 UNMC Medical Students Blood Pressure	27 10:00 Countdown 2:00 Saturday Matinee 6:00 Lawrence Welk Chan. 12 PBS
28 10:00 Sunday Worship Fogelstrom Chapel 11:30 Catholic Mass 2:00 Countdown Palm Sunday 	29 10:15 Roll It Tic Tac Toe 2:15 Spelling Bee	30 10:15 Exercise for Life 11:00 Devotions 2:15 Bingo 6:00 Bunco	31 8:30 Catholic Communion 10:15 Cards and Games 12:15 Outing to the Great Escape Movie Theater* 6:00 Countdown	Note: Weekday Catholic Masses are held in Fogelstrom Chapel on Monday, Tuesday, Thursday and Friday at 11:30.		Reminder: Any activities marked with an * requires sign-up prior to the event. Sign up at the table outside of Linda's office.